Tauchunfall-Massnahmen-Schema

**Divers Alert Network Europe**

**Action Plan for Diving Emergencies**

**Underwater Breathing?**
- **YES**
- **NO**

**Mild Symptoms?**
- **YES**
  - Unusual tiredness, itching
- **NO**

**Serious Symptoms:**
- Pain, skin troubles, unusual weakness, numbness, tingling, breathing troubles, visual, hearing, speech troubles, vertigo, nausea, paralysis, decreased consciousness, coma.

*Remember: any symptom at depth is always serious.*

**Relief in 30 Minutes?**
- **YES**
  - Treat as serious symptoms.
- **NO**
  - Consult Physician. Observe 24 hours.

**Early Treatment**
1. Cardio Pulmonary Resuscitation (CPR), if needed.
2. Keep airway open.
3. Put diver in horizontal position.
4. Give 100% Oxygen with face mask for as long as possible.
5. Shelter diver.
6. If fully conscious, water (0.5 - 1 litre) orally.
7. If Physician is present: Ringer Lactate, Normal Saline or 5% dextrose in saline I.V. (No 5% dextrose in water).
8. Consult DAN Europe or a diving medicine specialist.
9. Plan transportation to hyperbaric chamber.
10. If air evacuation: maximum possible cabin pressurization.

**DAN Europe Central Hotline Zurich** 0041.1.383.1111